

Day care services, Sefton

Below is a list of day support services and day centres which provide services for people living with dementia and their families. Please note however that we cannot recommend any particular organisation as we have to remain impartial. If you need more information please contact these organisations directly.

Active Minds Day Centre CIC

14 Marldon Avenue
Crosby L23 0SL
07772 747658

Age UK Lancashire

Wellbeing Centre, Moorgate
Ormskirk L39 4RY
Contact: 07812 382172 or 0300 3031234
Welcomes people from Sefton who are
self-funding or have direct payments.
Open Tuesday to Friday

Albany Oasis

6 Albany Road
Southport PR9 0JD
01704 545277

Benridge

53 Queens Road
Southport PR9 9HB
01704 530 378
Seven days a week

Brookdale Resource Centre

Sefton New Directions
Sandbrook Way
Ainsdale
Southport PR8 3RN
01704 571026
Moderate to advanced dementia
Southport and Formby areas

Choices Activity & Support Centre

32- 36 Church Road
Waterloo
Liverpool L22 5 NB
0151 920 3353

Good Companions

113 Roe Lane
Southport PR9 7PG
01704 220450
Seven days a week

Home from Home, Sefton

59 Norfolk Rd
Maghull L31 5NY
07713 444991
Open Monday to Thursday
Early stage dementia and those socially
isolated
Can provide transport

Metfield Grange

59 Hartwood Road
Southport PR9 9AW
01704 538691
Monday to Friday 9am - 4pm plus the
first Saturday of every month 10am -
3pm
Can provide transport

If you are or you know of a day care provider who would like to be added to this list, please contact Linda Lawson, linda.lawson@alzheimers.org.uk or 07525 403833. Updated June 2025.

P.T.O.

Me2U

Dementia Day Care Centre,
Sidney Powell Avenue
Kirkby L32 0TL
07888 649822
Welcomes Sefton residents
Open every day except Saturdays
Provides transport

Remember Me Day Centre

10 Bemrose House
Hanson Road
Liverpool L9 7BG
0151 525 9015 or 07732 290271
Welcomes people living in Sefton
Open every day except Sundays
Can provide taxi transport for an extra charge

SAFE - In Nature

St Mary's Complex
Waverley Street
Bootle L20 4AP
Keren 07595 727555
Gardening, outdoor activities, days out,
arts and crafts

Waterloo Park Resource Centre

Sefton New Directions
8 Haigh Road
Waterloo L22 3XP
0151 949 0511
Only for people funded through adult
social care and not self-funding
Welcomes people from all over Sefton

**Willow Centre, Parkhaven
Trust**

Liverpool Road South
Maghull L31 8BR
0151 527 1848
Provide personal care, bath-
ing service, hairdressing and
are able to meet limited mo-
bility needs