

Armed Forces Support



Below is a list of organisations supporting those who have served in the armed forces and their families. Please note however, that we cannot recommend any particular organisation as we have to remain impartial. If you need more information please contact these organisations directly.

Royal British Legion Southport

Chat and socialise, support and signposting.

Southport Office - Armed Forces
Community Hub
8A Wesley Street
Southport PR8 1BN
Tue to Sat, 10am to 2pm
01704 651 947

Helpline: 0808 802 8080
southport.chairman@rbl.community
www.britishlegion.org.uk

Royal British Legion Formby

Meet at 7:30pm every second Monday of each month in various community centres.

Women's section meet at 8pm every first Wednesday of each month at various locations.

For details contact Ken Ward - Branch Chairman, 01704 871927
formby.secretary@rbl.community

Royal British Legion Crosby

Regular drop-ins.

5-7 Moor Lane
Crosby L23 2SE
Open Wed and Sat 10am - 2pm
Social groups and support.
0151 924 0721
crosbylegion@hotmail.com

Royal Air Force Association

Helping support emotional and financial welfare for veterans and their families.

Formby RAFA meeting every second Tuesday of the month at 2.30pm

RAF Woodvale
Formby Bypass
Liverpool L37 7AD
Helpline: 0800 018 2361
enquiries@rafa.org.uk
www.rafa.org.uk

If you are or you know of an armed forces organisation who would like to be added to this list, please contact Linda Lawson, 07525 403833 or email linda.lawson@alzheimers.org.uk Updated March 2025

P.T.O.

Southport Armed Forces & Veterans Breakfast Club

Meet up every first Saturday of the month 9am to 12:30pm

Ocean Plaza Brewers Fayre

Ocean Plaza, Marine Drive

Southport PR8 1RY

01704 504 675

ljmeadows@talktalk.net

Admiral Nurse Support - Dementia UK

Dedicated dementia support for those who have served in any of the Armed Forces.

Face to face and telephone support

0333 011 4200

ANsupport@britishlegion.org.uk

Dementia UK general helpline

0800 888 6678

Veterans in Sefton CIO

Provide support on a wide range of topics including housing, finance, social activities and days out.

NAAFI breaks held every Wednesday and Thursday, 10:30am to 12:30 pm at the

Brunswick Youth & Community Centre
Marsh Lane

Bootle L20 4JQ

0151 382 6439

dave.smith@veteransinsefton.org.uk

lan.kerrison@veteransinsefton.org.uk

www.veteransinsefton.co.uk

Op COURAGE - Veterans Mental Health & Wellbeing Service

Support for veterans, service leavers, reservists, families and carers.

0300 373 3332

opcourageNORTH@cntw.nhs.uk

Help for Heroes

For veterans and their families, offering

mental health support, financial and welfare support, sports and social activities.

0300 303 9888

www.helpforheroes.org.uk

SSAFA The Armed Forces Charity

Offers support to serving personnel, veterans and their families.

Meeting and drop-in every Tuesday
10am to 12noon

Cleveland Café, Lord St

Southport PR8 1RP

07961 881 337

Local branch helpline: 0204 566 9146

Urgent helpline: 0800 260 6780

enw.region@ssafa.org.uk

www.ssafa.org.uk

Veterans Gateway

Help with housing, mental wellbeing, finances and more.

0808 802 1212

www.gov.uk/government/collections/
find-support-for-veterans-and-their-families